

AMY

Choreographed by: Kate Sala, UK (July 09)
Music: **If You Seek Amy** by **Britney Spears**
Descriptions: 64 count - 4 wall - Intermediate/Advanced level line dance

Walk x2, Kick & Touch Back, Pivot 1/4 Turn L, Cross, Side Step, Tap Ball Cross.

12,3&4 Walk forward on R, L. Kick R forward, Step R in next to L. Touch L back.
5-7 Pivot 1/4 turn L. Cross step R over L. Step L to L side.
8& Tap R toe next to L instep. Small step R & slightly back on ball of R.
1 Cross step L over R.

Side Step R, Touch Back, Pivot 1/2 Turn L, Step, Pivot 1/4 Turn L, Cross step, Touch L.

2-4 Step R to R side. Touch L toe back. Pivot 1/2 turn L. (Weight on L).
5-6 Step forward on R. Pivot 1/4 turn L.
7-8 Cross step R over L. Touch L toe to L side.

L Kick Ball Step, Heel Swivels, Side Rock R, Recover, Side Rock L, Recover.

1&2 Kick L forward. Step down on ball of L. Step forward on R.
3-4 Swivel heels R. Swivels heels L back to centre.
5&6 Side rock R on R. Recover on to L. Step R next to L.
7-8 Side rock L on L. Recover on R.

Walk back x2, 1/2 Turn R On Heels, Step, Shuffle Forward, Rock Forward.

1-2 Walk back on L, R.
3-4 Lift toes of the floor & pivot 1/2 turn R on the heels. Step forward on L.
5&6 Step forward on R. Step L next to R. Step forward on R. **(6 O'clock)**.
7-8 Rock forward on L. Rock back on R.

Step Back, Cross Step, Step Back, Ball Turn 1/4 R, Jazz Box 1/4 Turn R.

1-3 Step back on L. Cross step R over L. Step back on L.
&4 Turn 1/4 R stepping on ball of R next to L. Step forward on L.
5-6 Cross step R over L. Turn 1/4 R stepping back on L.
7-8 Step R to R side. Step forward on L. **(12 O'clock)**.

Shuffle Forward, Rock Forward L, Recover & Rock Forward R, Recover, Full Turn Back Over R.

1&2 Step forward on R. Step L next to R. Step forward on R.
3&4 Rock forward on L. Recover on to R. Step L in next to R.
5-6 Rock forward on R. Recover on to L.
7-8 Turn 1/2 R stepping forward on R. Turn 1/2 R stepping back on L.

Turn 1/4 R, Knee Pops, Cross, Side Touch R, Cross, Side Touch L, Step Back, Touch In front.

- 1 Turn 1/4 R stepping R out to R side. **(3 O'clock)**.
- &2 Pop both knees forward lifting heels of the floor. Drop heels.
- 3-6 Cross step L over R. Touch R out to R side. Cross step R over L. Touch L to L side.
- 7-8 Step back on L. Touch R toe forward with R knee relaxed.

Hip Bump, R Kick Ball Change, Rock Forward, Turn 1/2 R, Step, Pivot 1/2 Turn R & Touch.

- &1 Bump hips forward & up. Bump hips back. (Weight on L).
- 2&3 Kick R forward. Small step back on ball of R. Step L down in place.
- 4-6 Rock forward on R. Rock back on L. Turn 1/2 R stepping forward on R.
- 7&8 Step forward on L. Pivot 1/2 turn R keeping weight on L & touch R toe next to L instep.

Start Again

Documented by Raindrops Dance