

BEAT OF YOUR HEART

Choreographed by: Sam Arvidson
Toshiko Kawamoto
Yu Sugawara (Japan)

Music: **Beat Of Your Heart** by **Hayley Westenra**

Descriptions: 64 count, 2 wall, Intermediate level line dance

1-16 Half Rumba Box, 1/4 Turn R, 1/4 Turn R, Side-Close-Sway

1-4 Step L side left, Close R next to L, Step L forward, Hold
5-8 Step R side right, Close L next to R, 1/4 Turn right and Step R forward, Hold
1-4 Step L forward, 1/4 Turn right (weight on R), Cross step L over R, Hold
5-8 Step R side right, Close L next to R, Step R side right and sway, Hold

17-32 Half Rumba Box, 1/4 Turn R, 1/4 Turn R, Weave

1-4 Step L side left, Close R next to L, Step L forward, Hold
5-8 Step R side right, Close L next to R, 1/4 Turn right and Step R forward, Hold
1-4 Step L forward, 1/4 Turn right (weight on R), Cross step L over R, Hold
5-8 Step R side right, Step L behind R, Step R side right, Hold

33-48 Check X2, Spiral, Run X2, Sweep, Cross, Back

1-4 Cross rock L over R, Recover on R, Step L side left, Hold
5-8 Cross rock R over L, Recover on L, Step R side right and 1/8 turn right (face **1:30**), Hold
1-4 Step L forward (toward **1:30**), Spiral full turn right on L, Step R forward, Step L forward
5-8 Step R forward, Sweep L from back to front, Cross step L over R, Step R back

49-64 Side-Close-Side, Walk, Rock-Recover, Sweep X2, 1/2 Turn L

1-4 1/8 turn left (face **12:00**) and Step L side left, Close R next to L, Step L side left, Hold
5-8 1/8 turn left (face **10:30**) and Step R forward, Hold, Rock L forward, Recover on R
1,2 Step L back and 1/8 turn right (face **12:00**) as Sweeping R from front to back
3,4 Step R back and Sweep L from front to back, Touch L back
5-7 1/2 Turn left and put weight on L, Hold, Hold
8 Close R next to L

TAG: After 1st Wall (facing 6:00), add 8 count tag as follows:

1-8 Swivel X2

1-4 Swivel slowly to left on ball of R and Step L diagonally forward left
5-8 Swivel slowly to right on ball of L and Step R forward

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