

ROCK YOUR BODY

Choreographed by: Francien Sittrop (Netherlands)
Music: **Rock Your Body (Radio Edit)** by **The Phonkers**
Descriptions: 64 count, 4 wall, Intermediate level line dance

Intro: Start after 16 Counts on Vocals

1-8 Rock Recover, Prissy Walks, Shuffle fwd, Kick Ball Cross

1-2 Rock R back, Recover on L
3-4 Step R across L, Step L Across R
5&6 Step R fwd, Step L next to R, Step R fwd
7&8 Kick L fwd, Step L down, Step R across L

9-16 ¼ L with Hip Bumps x2, Sailor Step x2

1&2 ¼ L step L fwd an bump hips L,R,L **(09.00)**
3&4 ¼ L step R to R side and bump hips R,L,R **(06.00)**
5&6 Step L behind R, Step R to R side, Step L to L side
7&8 Step R behind L, Step L to L side, Step R to R side

17-24 ¼ Turn L x2, Behind Side Cross, Side Shuffle, Rock Recover

1-2 ¼ L step L fwd, ¼ L step R to R side **(12.00)**
3&4 Step L behind R, Step R to R side, Step L across R
5&6 Step R to R side, Step L next to R, Step R to R side
7-8 Rock L back, Recover on R

25-32 ¼ Turn L Out Out, Swivel ¼ L, Step Back x2, Swivel ¼ R, Cross R Recover

1-2 ¼ L step L out, Step R out **(09.00)**
3-4 Swivel on Ball of both feet ¼ Turn L, Step L back **(06.00)**
5-6 Step R back, Swivel on ball of both feet ¼ Turn R **(09.00)**
7-8 Rock L across R, Recover on R

33-40 Side Shuffle ¼ L, Scuffs Fwd, Taps R, Kick Ball Point

1&2 Step L to L side, Step R next to L, ¼ Turn L Step L fwd **(06.00)** ****R****
3&4 Scuff R fwd, Scuff R back across L, Scuff R Diag R fwd
5&6 Tap R Diag R fwd x3 (weight ends on R)
7&8 Kick L fwd, Step L down., Touch R to R side

41-48 Jazz Box ¼ R x2

1-4 Step R across L, ¼ Turn R step L back , Step R to R side, Step L fwd **(09.00)**
5-8 Step R across L, ¼ Turn R step L back , Step R to R side, Step L fwd **(12.00)**
49-56 Step Touch, Step Back & Heel, Hold, Taps Diag Back (travelling back)
1-2 Step R fwd, Touch L next to R
&3-4 Step L back, Touch R heel fwd, Hold
5&6 Tap R Diag back Facing Body to R (weight ends on R)
7&8 Tap L Diag back Facing Body To L (weight ends on L)

57-64 Coaster Step, Shuffle Fwd, Rock Recover, ½ Turn R, ¼ Turn R
1&2 Step R back, Step L next to R, Step R fwd **(12.00)**
3&4 Step L fwd, Step R next to L, Step L fwd
5-6 Rock R fwd, Recover on L
7-8 ½ Turn R step R fwd, ¼ Turn R step L to L side **(03.00)**

***** RESTART: Wall 6 (Facing 09.00 Wall), After count 33-34:**

1&2 Shuffle ¼ Turn L. Add these steps:
3-4 Touch R next to L, Hold

Repeat

Documented by Raindrops Dance